

# Breakfast

7am to 10am Monday to Friday  
8am to 10.30am Saturdays and Sundays

Continental Feel Good Buffet	<b>£15.00</b>
Fresh Orange, Apple or Grapefruit Juice	
Muesli / Cereals	
Croissants / Pastries / Muffins / Toast	
Fresh Fruit Salad / Prunes / Apricots	

## FROM OUR KITCHEN

Full English breakfast with free range eggs as you like them, bacon, sausage, grilled tomato, flat mushroom, fried bread, black pudding	<b>£13.50</b>
Eggs Benedict /Florentine /Royale	<b>£8.50</b>
Smoked Salmon & Scrambled Eggs	<b>£9.00</b>
Chorizo Baked Beans, Crispy Fried Egg on Toast	<b>£7.50</b>
Smoked Salmon & Avocado on Toast	<b>£9.00</b>
Poached Finnan Haddock & Poached Eggs	<b>£7.50</b>
Kippers, Parsley Butter & Lemon	<b>£7.50</b>
Scrambled Tofu on Muffin with Mushroom & Tomato	<b>£7.50</b>
Vegan Rainbow Bean Stew	<b>£7.50</b>
American Pancakes with Maple Syrup and Berry Compote	<b>£5.50</b>
Porridge with Maple Syrup / Berry Compote / Honey / Nuts & Seeds	<b>£5.00</b>

